



Alyse M. Scura, LMHC
NYS License #6008

Social Media Policy

This Document outlines my policies related to the use of Social Media. Please read it to understand how I conduct myself on the internet as a mental health professional and how you can expect me to respond to various interactions that may occur between us on the internet.

If you have any questions about anything within this document, I encourage you to bring them up during your sessions. This document may require updates and edits as technology develops, if this policy is altered, I will notify you in writing and ensure you have a copy of the updated policy.

Friending

I do not accept friend or contact requests from current or former clients on any social networking site (Facebook, LinkedIn, etc). I believe that adding clients as friends or contacts on these sites can compromise your confidentiality and our respective privacy. It may also blur the boundaries of our therapeutic relationship. If you have questions about this, please bring them up when we meet and we can talk more about it.

Interacting

Please do not use messaging on Social Networking sites such as Twitter, Facebook, or LinkedIn to contact me. These sites are not secure and I may not read these messages in a timely fashion. Do not use Wall postings, @replies, or other means of engaging with me in public online if we have an already established client/therapist relationship. Engaging with me this way could compromise your confidentiality. It may also create the possibility that these exchanges become a part of your legal medical record and will need to be documented and archived in your chart.

If you need to contact me between sessions, the best way to do so is by phone/text message. Direct email at Alyse.scura [at] gmail [dot com] is second best for quick, administrative issues such as changing appointment times. See the email section below for more information regarding email interactions.

Use of Search Engines

It is NOT a regular part of my practice to search for clients on Google or Facebook or other search engines. Extremely rare exceptions may be made during times of crisis. If I have a reason to suspect that you are in danger and you have not been in touch with me via our usual means (coming to appointments, phone, or email) there might be an instance in which using a search engine (to find you, find someone close to you, or to check on your recent status updates) becomes necessary as part of ensuring your welfare. These are unusual situations and if I ever resort to such means, I will fully document it and discuss it with you when we next meet.

Payments of copay or private pay

Many virtual payment platforms are not compliant for therapy purposes due to location-based services and public information being displayed. Due to this, I only accept your payment via Zelle, my username for Zelle is my email address, alyse.scura@gmail.com.

Email

Please only utilize email to arrange or modify appointments. Please do not email me content related to your therapy sessions, as email is not completely secure or confidential.

Your signature below indicates that you have read, understand, and agree to the information within this document.

Signature of Client or Responsible Party and Date

Printed name of Client or Responsible Party